



Meinolf Wiese

Vertrauen. Heilen. Wohlfühlen.

WELCHE THERAPIE PASST ZU WELCHER DIAGNOSE?

| | Thermobehandlungen (Heißluft/Fango/Eis)* | Elektrobehandlungen/Ultraschall | Massage* | Unterwasser-Massage | Bindegewebs-Massage | Fußreflexzonen-Massage | Krankengymnastik | Krankengymnastik* | Manuelle Therapie | Schlingentherapie am Gerät* | PNF | Lymphdrainage | Strangerbad | Entspannungstherapie* | Wirbelsäulengymnastik* | Osteoporosegymnastik* | Ausdauer-gymnastik* | Walken/Nordic Walken* |
|---------------------------------|------------------------------------------|---------------------------------|----------|---------------------|---------------------|------------------------|------------------|-------------------|-------------------|-----------------------------|-----|---------------|-------------|-----------------------|------------------------|-----------------------|---------------------|-----------------------|
| Haltungsstörungen | | | | | | | ● | ● | ● | ● | | | | | | | | ● |
| WS-Beschwerden | ● | ● | ● | ● | | ● | ● | ● | ● | ● | ● | | ● | ● | ● | | ● | ● |
| Arthrosen | ● | ● | | | | | ● | ● | ● | ● | | ● | ● | | | | | ● |
| Verstauchungen/Luxationen | ● | ● | | | | | ● | ● | ● | | ● | | | | | | | ● |
| Rheumaerkrankungen | ● | ● | ● | | | | ● | ● | ● | ● | ● | ● | ● | ● | ● | | | ● |
| Zustand nach Arthroskopien | ● | ● | | | | | ● | ● | ● | ● | ● | ● | | | | | | |
| Zustand nach Gelenkimplantaten | ● | | | | | | ● | ● | ● | ● | ● | ● | | | | | | |
| Zustand nach Knochenbrüchen | ● | | | | | | ● | ● | ● | ● | ● | ● | | | | | | |
| Bandverletzungen | ● | ● | | | | | ● | ● | ● | ● | ● | ● | | | | | | |
| Osteoporose | ● | | | | | | ● | | | | | | | ● | ● | | | |
| Schlaganfall/Parkinson | ● | | | | | | | | ● | ● | | | ● | ● | | | | |
| Lungenerkrankungen | ● | | ● | | ● | ● | ● | | | | | | ● | | | | | ● |
| Herz- und Kreislauferkrankungen | | | | ● | ● | ● | ● | | | | | | | | | | | ● |
| Lymphödeme | | | | | | | ● | | | | ● | | | | | | | |



* Diese Therapieform kann zur Prophylaxe auch ohne Verordnung in Anspruch genommen werden